

Body Slimming Therapy and Treatments

<http://pachouli.in>

Customized Body Slimming Therapies and Treatments In the Most Advanced Spa in India

Trim and slim bodies are not only aesthetically pleasing but are also healthy for you. Pachouli.in welcomes you to a wonderful experience of body slimming therapy and treatments designed for quick results and carried out by experts in a soothing ambience.

Walk in, discuss your requirements, let our professionals carry out a thorough exam and recommend the right set of customized treatments to sculpt your body back into shape.

The range of body slimming therapies and treatments available at patchouli spa are:

- Cellulite reduction
- Detoxification and Rejuvenation
- Hot rock and hot oil massages
- Ultrasound therapy
- Electrotherapy
- Localized mesosculpting with specialized equipments
- Sauna and steam baths
- Diet, nutrition and exercise programs

Each individual has a unique metabolic process that dictates weight gain or loss and when you enter our body slimming therapy and treatments program, our professionals check your body type, your lifestyle and your dietary habits to come up with bespoke treatment plans delivering quick results and value for money. You may be advised one or more or the complete line of solutions outlined above.

Body slimming therapies and how they work

- Detox and Rejuvenation are the first steps to body sculpting. Detox program serves to remove accumulated toxins in the body, restore

- the lymphatic system and help improve metabolism as a way to burn off fats. Rejuvenation helps you regain vitality and a healthy glow.
- Cellulite reduction addresses the specific issue of cellulite under the skin that results in ugly dimpled surfaces. By using specialized treatment process we get rid of this subcutaneous layer of fat, restore the skin to its smooth texture and improve your bodyline.
 - Electrotherapy uses impulses of electricity delivered to embedded fats and helps in burning off such layers, as well improving muscle and skin tone. It is fast acting and effective.
 - Mesosculpting is a localized process addressing fat laden areas of the body. These layers of fat are burned off with the injection of proprietary formulation of anti-oxidants and vitamins in a safe, painless way. This is followed by treatments to take care of stretch marks that stimulate skin to regain elasticity and firmness.
 - Hot rock and hot oil massages are designed to improve blood circulation, active burning of fat cells, restore skin tone and confer overall systemic health improvements, integral to body slimming therapy program
 - Ultrasound therapy uses the latest in ultrasound equipments to activate deep seated fat layers around the middle and thighs. Localized high intensity ultrasound waves focused on fat cells help burn then and sculpt these areas of your body.
 - Diet and Exercises are integral to body slimming therapy and treatment at patchouli clinic. Our nutritionists devise specific diets and nutrition plans that show positive results in weeks, help you eat your fill of healthy food yet lose kilos of weight. Physiotherapists assign a routine of exercises that will soon have you firmly back in shape in a total health improvement program.

Why Pachouli?

Pachouli is an experience you will enjoy. Our interiors are spacious, airy, well lighted. Staff is handpicked with expertise, qualifications and experience delivered in a friendly, courteous style that motivates and encourages you to stay committed to your program.

Contact us today to know more about body slimming therapies that help you regain your youthful looks at the most affordable rates.

