



M.F.D BY
TICKLE MY PICKLE

Say Hello To
Mrs. Pushpa Agarwal
Our Pickle-Making Expert
Who Brings Alive The
Age-Old Tradition Of
Homemade Pickles With Her
Magical Touch.
Mrs. Agarwal's Hands
Always Tickle To Create The
Most Delicious Flavors &
Every Jar Is Made With Care
& Dedication By Her To
Ensure That Every Bite Is A
Burst Of Authentic Flavor.



Kanpur Uttar Pradesh
Pin code 208001
www.ticklemypickle.co

TICKLE MY
PICKLE™

MIXED PICKLE

"Swad Aisa Aap Dhund Rahe The Jaisa"

Pure Tasty & Healthy Pickle



INGREDIENTS

1. Ghobhi (cauliflower)
2. Gajar (carrot)
3. Mooli (Turnip)
4. Ginger
5. Green chilli
6. Turmeric powder
7. Red chilli powder
8. Salt
9. Mustard oil
10. Fennel seeds PWD
11. Mustard seed

NUTRITIONAL VALUE

1. 160 g per service .
2. 67 calories
3. 0.4 g fat
4. 1.6g protein
5. 16 g carbohydrate
6. 12 g sugar
7. 2.9g dietary fibre
8. 0.1g saturated fat
9. 0 mg cholesterol

BENEFITS OF MIXED PICKLE

1. Probiotic
2. Antioxidant
3. Dietary Diversity
4. Low in calories

INSTRUCTIONS

1. Keep in Cool and Dry Place .
2. Serve with Dry Spoon.
3. Keep it Away From Water.



FSSAI Central License
22723660000139

MRP

RS. 350/-

400 gm

M.F.D DATE
30/09/2023



HOMEMADE

BEST BEFORE NINE MONTH FROM THE DATE OF PACKING